

Discussing Results with your Provider

Don't wait for a healthcare provider to contact you about your PGx results. Start the conversation.



Here are some tips to help prepare and guide you on talking with your provider about your results and getting the most out of your visit.

How should I prepare?

- ✓ Confirm your healthcare provider has your lab report and summary report of your genetic test results. Your doctor will need time to review your reports and decide whether you need to switch drugs or change the dose of a drug.
- ✓ Make a list of the drugs you are taking. This list will ensure you don't miss talking about a drug that could be impacted by your genetic test results.
- ✓ Make a list of your questions. This will ensure all of your concerns are addressed.

What should I discuss with my healthcare provider during the appointment?

- ✓ Discuss action steps with your healthcare provider(s). You may have more than one healthcare provider who prescribes your drugs. Make sure all of your healthcare providers have the reports from your genetic test. If your provider(s) wants to make changes to your drugs, ensure you understand why they suggest any new doses or types of drugs.
- ✓ Address other concerns. Be sure to talk to your healthcare provider about any questions or concerns you have. This includes questions about your test results or any changes to your current drugs. It is important that you understand and feel good about the plan.
- ✓ Make a follow up plan. Ask if you will need follow-up to monitor changes to your drugs.